



## Dolomites Supertrekking 8/09 – 1/09/2019

### Day 1

Meeting at the guides office in Selva Gardena.

Toghether to cable car to the Col Raiser and then to the Regensburger hut. 2100m high.

### Day 2

We pass close to the sharp Odle mountains and reach the Sieles paß, 2500m high, now we cross the Puez mountains and finnally reach the Puez hut, 2489 m high.

Hiking time : 4/5 houers

### Day 3

We leave the hut and go across the mountains hike up to the Crespeinapaß, 2660m high, with the little lake, and up the Cir paß. After all this we descent to the Passo Gardena 2121m high and spend the night in a little Hotel-refuge.

Hiking time 4 houers

For the strong hikers, they can reach the Cir peak in another 1,5 houres with beatiful view.

### Day 4

The trail starts up trough the Setusvalley to the Pisciadú hut with wonderfull lake and after a little break we go up to the top of the Sellagroup, to the Boé hut, 2850 m high.

Hiking time 4/5 houers

Another great spot is the Piz Boé, 1 houer additional

### Day 5

Across the Sellagroup we pass trough the narrow Pordoischarte and descend to the Passo Pordoi at 2240 m. On the afternoon we go along the famous „Bindelweg“ with great view to the Marmolada glacier and reach the Passo Fedaia at 2100m at the base of the Marmolada Glacier. Overnight in a little Hotel. Hiking time 6 houers

### Day 6

Today we climb the the Marmolada on the glacier , the highest mountain in he Dolomites with 3343 m. Great is the view from the summit. After we move by taxi the the Passo Sella where we take the gondola up to the Forcella Sassolungo and stay in a hut, between two big mountains at 2680 meters.

Hiking time: up 3 hours, down 2 hours

### Day 7

From the Forcella Sassolungo we descent to and hike around the Sassolungo mountain down to the village of Selva Gardena at 1560 meters. Afternoon, departure.

Price: 980 Euro

Included: 6 nights in huts with half board, guide and transfers

Other dates on request for groups

GARDENAGUIDES